What’s a provider network?
A provider network is a list of the doctors, other health care providers and hospitals that a plan has contracted with to provide medical care to the plan’s members. These providers are called “network providers” or “in-network providers.” A provider that hasn’t contracted with the plan is called an “out-of-network provider.”

Seattle Metro Accountable Health Networks:
Seattle Metro Includes Snohomish, King and Pierce counties.
- EvergreenHealth Partners/Virginia Mason
- UW Medicine
- The Everett Clinic
- MultiCare

Networks in Washington Counties:
- Preferred Provider Organization (PPO)

To find out more about provider networks, call customer service at 1-888-REGENCE or learn more at regence.com
What is an Accountable Health Network?
Accountable Health Networks are built on a philosophy of accountable care where a focused network of doctors collaborate to make sure you’re getting the right care at the right time and in the right place. If you choose an accountable health network, you should experience a higher level of teamwork, a sharper focus on wellness, and better value. A primary care physician (PCP) is required for accountable health networks.

**UW Medicine**
- Harborview Medical Center
- Northwest Hospital & Medical Center
- University of Washington Medical Center
- Valley Medical Center
- Seattle Children’s Hospital

**MultiCare**
- Auburn Medical Center
- Good Samaritan Hospital
- Mary Bridge Children’s Hospital
- Tacoma General Allenmore

**The Everett Clinic**
- EvergreenHealth Medical Center
- Providence Regional Medical Center Everett
- Seattle Children’s Hospital

**EvergreenHealth Partners/Virginia Mason**
- EvergreenHealth Medical Center
- Virginia Mason Medical Center
- Seattle Children’s Hospital
- EvergreenHealth Monroe Hospital

**Should you choose a Regence Accountable Health Network or a PPO?**

<table>
<thead>
<tr>
<th>Regence Accountable Health Network is best if you:</th>
<th>A PPO would be best if you:</th>
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</thead>
<tbody>
<tr>
<td>• Trust your regular doctor to recommend specialists</td>
<td>• Travel frequently</td>
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<tr>
<td>• Want to work with your providers to make decisions about your care</td>
<td>• Have covered dependents who don’t live with you</td>
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<tr>
<td>• Are looking for value and accountability</td>
<td>• Value broad access to providers and are willing to pay more for it</td>
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To confirm if your Primary Care Provider is part of the Regence Accountable Health Network, visit [regence.com](http://regence.com) and click Find a doctor.